

## PE LUNCHTIME PRACTICES SEPT - APRIL 2010/11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>COURTS</b>	<b>U14 (Yr9)Hockey</b> <b>LRB+LS</b> <b>U15 (Yr10)Hockey</b> <b>RCA+LS</b> <b>Senior Netball</b> <b>(Yr 11,12+13) VSW</b>	<b>U13 (Yr8)Hockey</b> <b>VSW+LS</b>  <b>U12 (Yr7) Hockey</b> <b>VSW+LS</b>	<b>U14(Yr9) Netball LMC</b> <b>U15(Yr10) Netball</b> <b>ALS</b>  <b>G+T Tennis ( Jack )</b> <b>squad players only</b>	<b>U12 (Yr 7) Netball</b> <b>ALS</b>  <b>U13(Yr8) Netball LMC</b>	
<b>Gym</b>	<b>Junior Dance</b> <b>Year 7+ 8 LMC</b>	<b>General Gym</b> <b>ALS</b>	<b>Cheerleading</b> <b>Years 7 - 9 Katie</b>	<b>U13 Gym Squad</b> <b>ANB</b>	<b>U16+U19 Gym</b> <b>Squad</b> <b>ANB</b>
<b>Sports Hall</b>	<b>Alternate weeks</b> <b>9+10 Indoor Hockey</b> <b>and Senior Netball</b>	<b>½ hall Basketball</b> <b>All Years LRB +</b> <b>Kirstin</b>	<b>Senior Badminton</b> <b>(Yr 9-12) VSW</b>	<b>Indoor Hockey VSW</b> <b>All Years</b>	<b>Junior Badminton</b> <b>(Yr 7-8) ALS</b>
		<b>½ hall Cheerleading</b> <b>Years 10+11 Katie</b>		<b>GCSE Revision</b>	
<b>Field</b>				<b>Ultimate Frisbee</b> <b>JGR</b>	<b>Football</b> <b>Years 7-13 KB</b>
<b>Fitness Room</b>			<b>Rowing Years 7 &amp; 11</b> <b>Sasha</b>	<b>Rowing Years 9 &amp; 10</b> <b>Sasha</b>	<b>Rowing Year 8</b> <b>Sasha</b>
<b>Main Hall</b>		<b>Dance Performance</b> <b>Group ( All Years)</b> <b>SJ</b>			<b>Senior Dance</b> <b>LMC</b>

### PE AFTER SCHOOL PRACTICES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Courts</b>		<b>U15 U16 + U18 (Yr10-13) Netball Squads</b> <b>ALS VSW</b>		<b>U13 + U14 (Yr8+9) Netball Squads</b> <b>LMC</b>	
<b>Sports Hall</b>	<b>Cricket</b> <b>All Years 4-5pm</b>	<b>Netball if wet or matches</b>		<b>Netball if wet or matches</b>	
<b>Gym</b>	<b>Y11-13</b> <b>Trampoline</b> <b>RCA</b>	<b>Trampoline</b> <b>Y9+10</b> <b>Mrs Mainwaring</b>	<b>Fencing Jacky</b> <b>Faulkner (16)</b>	<b>All Gym Squad</b> <b>ANB</b>	<b>Trampoline</b> <b>Y9+10</b> <b>Mrs Mainwaring</b>
<b>Handy Cross</b>		<b>Hockey League</b> <b>Matches All Years</b> <b>VSW + LRB +LS</b>	<b>Hockey Squads</b> <b>Y7+8 HX</b> <b>LS+VSW/LRB</b>	<b>Hockey Squads</b> <b>Y9-13 Cressex</b> <b>VSW</b>	

Before School Cheerleading  
Y12+Y13